

NORTHRIDGE COMMUNITY CHURCH

LIVING FREE

RECOVERY SUPPORT GROUP



A weekly support group for people who are grieving the death of someone close to them.
Mondays beginning September 28th



A weekly program for people struggling with issues of anger. Through discussion, learn to understand your feelings, cope with anger and discover ways to diffuse personal situations before losing control.
Monday beginning September 28th



Struggling with debt or just having trouble making ends meet? This video based, study group is founded on biblical financial management principles and can help you manage your money.
Wednesdays beginning September 30th



A weekly fitness program focused on walking & stretching. Join this fun, social group that can ease you into an exercise regiment to help you in your maintenance or weight loss health & wellness.
Thursdays beginning October 1st

THE SALVATION ARMY, NORTHRIDGE COMMUNITY CHURCH
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